

## Report

**Title: Comparative Study on Sports Education between in Japan and other countries**

**Lecturer: Kimura Ayako Sensei**

**Contents:** The lecturer introduced her background of what she did before and what she's doing currently. After that, she started explaining the advantages and disadvantages of club activities. She then explained why she joined club activities in elementary school and how her interest in track and field grew. She also explained how she self-managed her athletic life on her own. She then explained the down parts of how athletes think in Japan and how she discovered new ways of thinking when she went to the USA. She then explained her nutrition journey and staying fit after turning 29. She also shared her experience in participating in both national and international competitions and the hardships she faced when she participated in both the London and Tokyo Olympics. She also shared her experience and work with the company she currently works at.



## Report

**Title: Better Working Environment and Inclusive Education**

**- Inspired by Swedish Education and Special Olympics -**

**Lecturer: Takahashi Yui Sensei**

**Contents: The lecture was divided into two sessions: “Differences in the working environment of teachers” and “What is Special Olympics and What does Inclusion means?”, including discussion and workshop.**

**Session 1: There are some differences between working environment of teachers in Japan and Sweden, such as the time they spend with students and their responsibilities. The members also shared the working environments in their countries and something they can do to improve it.**

**Session 2: The lecturer explained about the Special Olympics and Inclusion in education with the case study of physical education. A workshop was conducted to find how to transform a sport that is often played in physical education into an inclusive form.**

